

Sowing Calendar for Vegetables and Herbs in USA Zone 6a

see [PlantWhatWhen - USA Zone 6a Sowing Guide](#)

Plant	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Amaranth
Angelica	.	.	M
Artichokes globe	.	F	M	A	M
Arugula/Rucola	J	J	A
Asparagus	.	.	M	A	M
Asparagus pea	.	.	.	A
Aubergine	.	F	M	A	M
Basil	.	.	M	A	M
Beans climbing/snake	M	J
Beans dwarf/bush	M	J
Beetroot	.	.	M	A	M	.	J
Beets	.	.	M	A	M	.	J
Belgian endive	J	.	M	.	.	.	J	D
Bell peppers	.	F	M	A	M
Black eye peas	.	.	.	A	M
Bok Choy	.	.	M	A
Borage	.	.	.	A
Borecole	J	A
Borekale	.	.	M	A	M	.	J	A
Broad bean	A
Broccoli	.	.	M	A	M	J
Brokali	.	.	M	A	M	J
Brussels sprouts	.	.	M	.	M	J
Burdock
Cabbage loose-headed	.	.	M	A	.	.	J	A	S	.	.	.
Cabbage tight-headed	.	.	M	A	.	.	J	A	S	.	.	.
Cantaloupe	.	.	M	A	M	J
Cape Gooseberry	.	F	M	A	M
Capsicum	.	F	M	A	M
Cardoon	.	.	.	A
Carrot	.	.	M	A	M	J	J
Cauliflower	.	.	M	A	M	.	.	A
Celeriac	J	F	M	A	D
Celery	J	F	.	.	M	J	D
Ceylon Spinach
Chayote squash
Chicory	J	.	M	.	.	.	J	D
Chilli peppers	.	.	M	A	M

Chinese cabbage	M	J	J
Chinese parsley	.	.	M	A	M
Chinese Peas	.	.	M	A
Chives	.	.	M	A	M	.	J	A
Choko
Cilantro	.	.	M	A	M
Cocoyam
Collards	.	.	M	A	M	.	J	A
Coriander	.	.	M	A	M
Corn Salad	.	.	M	A
Courgette	.	.	M	A	M	J
Cowpeas	.	.	.	A	M
Cucumber	M
Daikon	M
Dasheen
Dill	.	.	.	A	M
Eggplant	.	F	M	A	M
Endive	.	.	M	A	M	J
Eschalots	.	.	M	S	.	.	.
Fava bean	A
Fennel	.	.	M	A	M
Finocchio	.	.	M	A	M
Florence Fennel	.	.	M	A	M
French tarragon	.	.	M	A	M
Gai choy	.	.	M	A	M	.	J
Garlic	.	.	.	A	.	.	.	A	S	.	.	.
Ginger
Gobo
Gourds	.	.	M	.	M
Gumbo	.	.	M	A	M
Honeydew	.	.	M	A	M	J
Horseradish	.	F	M
Hot peppers	.	.	M	A	M
Huauzontle
Japanese Greens	.	F	M
Japanese radish	M
Jerusalem Artichokes	.	.	.	A
Kale	J	A
Kohlrabi	.	.	.	A	M
Ladyfinger	.	.	M	A	M
Lamb's lettuce	.	.	M	A
Leeks	.	F	M	A	M

Lemon Balm	.	.	.	A	M
Lettuce	.	F	M	A	M	J	J
Lo Bok	M
Long Yam
Luffa/Loofah	.	.	.	A	M	J
Mache	.	.	M	A
Maize	M	J
Malabar greens
Mangetout	.	.	M	A
Mangle Wurzel
Mangold	.	.	M	A	M	J	J
Marrow	.	F	M	A	M	J
Mesclun	.	F	M
Mibuna	.	F	M
Mint	.	F	.	A	M
Mitzuna	.	F	M
Mizuna	.	F	M
Mustard greens	.	.	M	A	M	.	J
Napa cabbage	M	J	J
New Zealand Spinach	.	.	.	A	M
Okra	.	.	M	A	M
Onion	.	.	M	A
Oregano/Pot Marjoram	.	.	M	A	M
Pak Choy/Choi	.	.	M	A
Parsley	.	F	M	A	M
Parsnip	.	F	M	A	M	J
Peanut	.	.	M	A	M	J
Peas	.	.	M	A	M
Potato	.	.	.	A	M
Pumpkin	.	.	M	.	M
Quinoa
Radicchio	J	.	M	.	.	.	J	D
Radish	.	.	M	A	M	.	J
Rhubarb	.	.	M
Rocket	J	J	A
Rockmelon	.	.	M	A	M	J
Rosella
Rosemary	.	.	M	A
Rutabaga	J	A
Sage	.	.	M	A
Salsify	.	.	M	A
Savory Summer	.	.	.	A	M	J

Savory Winter	.	.	M	A	M	J
Scallions	.	F	M	A	M	J	J
Shallots	.	.	M	S	.	.	.
Silverbeet	.	.	M	A	M	J	J
Snow-Peas	.	.	M	A
Southern peas	.	.	.	A	M
Soybean	M	J	J	A
Spinach	.	.	.	A	.	.	.	A	S	.	.	.
Spring onions	.	F	M	A	M	J	J
Squash	.	.	M	A	M
Strawberry plants	M	J
Strawberry seeds	.	F	M	.	M	J
Sugar/Snap Peas	.	.	M	A
Summer squash	.	.	M	A	M
Sunchoke	.	.	.	A
Sunflower	.	.	.	A	M
Swedes	J	A
Sweet corn	M	J
Sweet Marjoram	.	.	.	A	.	J
Sweet peppers	.	F	M	A	M
Sweet Potato/ Kumara	M
Swiss-Chard	.	.	M	A	M	J	J
Taro
Thyme	.	.	M	A	M
Tomatillo	.	F	M	A	M
Tomato	.	.	M	A	M	J
Tumeric
Turnip	M	.	J	A
Vegetable oyster	.	.	M	A
Vietnamese Mint
Warrigal greens	.	.	.	A	M
Water Chestnut
Watermelon	.	.	.	A	M
Winged bean	.	.	.	A
Witloof	J	.	M	.	.	.	J	D
Wong bok	M	J	J
Yacon/Sunroot	.	.	.	A
Yam/Oka/Oca	.	.	.	A
Zucchini	.	.	M	A	M	J